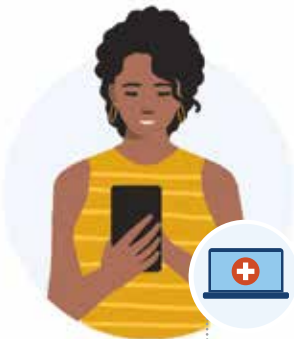




Care at the speed of you

You have more ways to connect to your care team when and where it's convenient for you, from the doctor's office to your living room. To get started, visit kp.org/getcare.



Online

Use our online guided care navigation tool to get care advice for more health conditions.



With our app

Schedule an appointment with your doctor, view most test results and health reminders, and more.^{2,3}



By email

Message your Kaiser Permanente doctor's office with nonurgent questions.



Prescriptions made easy

Fill most prescriptions for home delivery or same-day pickup with our app or at kp.org.²

1. When appropriate and available. 2. Available when you get care from Kaiser Permanente. 3. To use the My Doctor Online app or Kaiser Permanente app, you must be a member registered on kp.org.