



Start 2024
With A Flexible
Fitness Program

In 3 Easy Steps:

Find your perfect gym from thousands of options nationwide.

2 Enroll online in minutes, with no long-term contracts or annual fees.

**3** Start working out today!















**PLUS** » 6,200+ Premium Gym Options at exercise studios, outdoor experiences, and others with 20% – 70% discounts at most locations.<sup>2</sup>











Save \$28 With Code: STARTSTRONG<sup>1</sup>

Get Started: kp.org/choosehealthy



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<sup>1 \$28</sup> enrollment fee waived for standard gyms only 12/1/2023 12:01 a.m. - 2/29/2024 11:59 p.m. PT. Monthly fees are subject to applicable taxes.

<sup>&</sup>lt;sup>2</sup> Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.